

Activity: Identifying Cultural Components in Your Community

Choose one of the cultural components pictured in the diagram in Module 1, Section 2: Traditionalism. (For starters we have chosen Health Beliefs.) Using a diagram like the one below, identify some traditional health beliefs acknowledged by the Native people in your community. Try brainstorming with staff members and colleagues. Base your responses on real experiences with Native community members if you can. If your personal knowledge is limited in a particular cultural area, you can get input from Native community members, elders, and leaders.

