

Activity: Identifying Symptoms of Historical Trauma

Review the information presented in Module 2, sections 1 and 2. With one or more of your coworkers, discuss the health and psychological issues that are common to Native people in your area. Do your best to base your responses on real experiences with Native members of your community. As you discuss each health issue, write it into the diagram below, and think about how it connects back (at least in part) to contact and colonization.

